

PROGRAMME OF

THE WORLD 28 — DBT — 30 SUMMIT

OCTOBER 2026

GMT	TOPIC	SPEAKERS	STREAM
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17:00	Mindfulness	Randy Wolbert	MAIN
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17:10	Opening	Michaela Swales, Geraldine Rodriguez	MAIN
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17:30	Why is Wise Mind so important in DBT?	Martin Bohus	MAIN
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18:00	A Critical Review of the DBT Evidence and Emerging Research Pathways	Julieta Azevedo	MAIN
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18:30	Lived experience of DBT	Kelly Stonelake	MAIN
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19:00	Building a dissemination team	Angelica Drucker	A1
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	Refining the treatment of emotions in DBT	Christine Dunkley	A2
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	Research workshop - Telehealth for veterans, Sleep in BPD, DBT for Bipolar disorder	Sara J. Landes; Mariana Mendoza Alvarez; Julieta Azevedo	A3
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	Running an effective Consultation Team	Jennifer Sayrs, Aditi Vijay, Amy Gaglia Essletzbichler	A4
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	Top tips in behavioural analysis	Shireen Rizvi	A5
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20:30	Networking	ROOMS No. 1–3	
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GMT	TOPIC	SPEAKERS	STREAM
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21:00	Mindfulness	Jael Camhi	MAIN
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21:10	DBT skills effects on emotional processes	Katie Dixon-Gordon	MAIN
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21:30	Is it DBT?	Treatment Integrity Committee	MAIN
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22:00	Implementing DBT across a continent	Pablo Gagliesi	MAIN
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22:30	Service user and family voice	Ibero America	MAIN
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23:00	Boosting your outcomes in adolescent DBT	Jill Rathus & Alec Miller	B1
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	Culturally aware practice in DBT	Vibh Forsythe Cox	B2
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	Delivering DBT Adherently	Katie Korslund	B3
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	Phone, text and email generalisation in DBT	Alex Chapman	B4
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	Treating Therapy interfering behaviours in DBT	Zachary Rosenthal	B5
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00:30	Networking	ROOMS No. 1–3	
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GMT	TOPIC	SPEAKERS	STREAM
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01:00	Mindfulness	North America Chapter	MAIN
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01:10	Mechanisms that matter	Shelley McMain	MAIN
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01:30	WDBTA Dissemination Committee	André Ivanoff	MAIN
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02:00	Essential components of effective training	Tony DuBose	MAIN
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02:30	Service user and family voice	Asia-Pacific	MAIN
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03:00	Canada Beyond the Therapy Room: Bridging DBT, Families, Communities and Lived Experience	Lynn Courey	C1
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	DBT dissemination in China	Chun Wang	C2
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	Honing your Validation skills in DBT	Janice Kuo	C3
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	Substance Misuse and DBT	Emily Cooney	C4
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04:30	Networking	ROOMS No. 1–3	
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GMT	TOPIC	SPEAKERS	STREAM
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05:00	Mindfulness	European Chapter	MAIN
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05:10	A randomized controlled trial of online vs. in-person DBT	Ruben Vonderlin	MAIN
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05:30	WDBTA Committee Update	Research Committee	MAIN
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06:00	Navigating DBT implementation in Southeast Asia	Shian-Ling Keng	MAIN
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06:30	Service user and family voice	DBT MENA	MAIN
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07:00	Autism and DBT	Luisa Weiner	D1
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	Bridging the Gap: Reaching Those Often Left Out	Wies van den Bosch, Roland Sinneave, Klaas-Jan Pos, Karin Roze, Nienke de Ruiter	D2
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	DBT implementation in Post-Soviet block countries	Ieva Bite	D3
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	DBT in Arabic speaking countries	Basma Kilani	D4
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	Implementation of DBT-SUD skills to treat alcohol addiction	Marivi Navarro	D5
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08:30	Networking	ROOMS No. 1–3	
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GMT	TOPIC	SPEAKERS	STREAM
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09:00	Mindfulness	Basma Kilani	MAIN
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09:10	Mechanisms of change in DBT and the role of skills development	Joaquim Soler	MAIN
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09:30	ICD-11	Bo Sayyad Bach	MAIN
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10:00	Suicidology and its relationship with DBT	Lars Mehlum	MAIN
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10:30	Being a DBT therapist with a history as a recipient of DBT	Melanie Goldman, Jenifer Dylan, Isabel Ahderinne	MAIN
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11:00	DBT for LGBTQ+	Jake Camp	E1
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	Families as an active ingredient	Alan Fruzzetti	E2
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	ICD-11 Personality Disorder Diagnosis: Assessment and Treatment Planning	Bo Sayyad Bach	E3
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	Involvement of families in different cultures in DBT	Chaya Lieba Kobernick, Maria Ignacia Montt, Doreen Hyndman	E4
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	Meeting the challenge of eating disorders in DBT	Lucene Wisniewski	E5
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12:30	Networking	ROOMS 1–3	
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GMT	TOPIC	SPEAKERS	STREAM
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13:00	Mindfulness	Sichu Wu	MAIN
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13:10	Trauma-focused DBT - Results from multicenter RCT	Martin Bohus, Ruben Vonderlin	MAIN
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13:30	New implementation guidelines	Training and Implementation Committee	MAIN
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14:00	Exploring and expanding exposure in DBT	Melanie Harned	MAIN
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14:30	Service user and family voice		MAIN
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15:00	DBT Research in South America	Matias Correa Ramirez	F1
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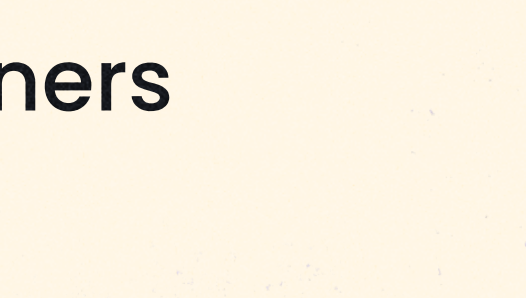
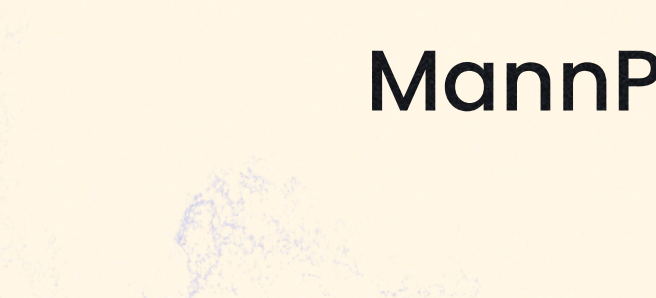
	DBT for Children	Francesca Pereplechikova	F2
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	DBT next steps	Katherine Comtois	F3
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	Dialectics	Charlie Swenson	F4
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	Training trainers to deliver DBT: EDBTA Summer School	Amy Gaglia	F5
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16:30	WDBTA Mindful Closure	Geraldine Rodriguez, Michaela Swales	MAIN
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MannPartners